

# CLUB SYLLABUS 2024

## APRIL

- 6# Opening day at Clubrooms. Invite a friend
- 13 Hyde to Waipiata, Shunters & Grunters
- 20 Ted Brown / Summer Prize Giving
- 21 NZ Half Marathon Champs. Seniors & Masters
- 27 Lovelock Relays

## MAY

- 4# Club Day. Clubrooms. Run/Walk Relays
- 11 Leith Cross Country Relays (Ponydales)
- 18 VP 5000. Bayfield Park
- 25 Run/Walk from Emersons

## JUNE

- 1 Kings Birthday Club Day
- 8# Club Day. Clubrooms. Estimate 5 km run/walk
- 9 Barnes Cross Country
- 15 Club Day. Pineapple Track
- 22 Edmond Cup
- 29 Club Day. Matariki. Memorial run and walk

## JULY

- 6 Club Cross Country
- 13 Club Day. Hoopers Inlet
- 14 Otago Cross Country Champs. Chisolm Park
- 20# Guests of Civil Service. TBC
- 27 Brighton – Green Island (Open)

## AUGUST

- 3 Club Day. Waihola
- 10 Big Easy Hill Run. Athletics Otago
- 17 Club Day. Guests of President & Committee
- 24 Otago Road Champs
- 31 Club Run. Mystery event  
*The Great Naseby Water Race*

## SEPTEMBER

- 7 Winding Vine Relay
- 14 Club Day. Clubrooms
- 15 Emerson's Dunedin Marathon
- 21 Club Day. Outram
- 28 NZ Road Relay Champs. Taupo

## OCTOBER

- 5# Closing Day and Prize Giving
- 12 *Balclutha Half Marathon*

# Please bring a plate

## EXTRAS

### SOCIAL WALKS

Each Tuesday evening at 5:30 pm  
Winter: Centre City New World by ride on toys  
Summer: Corner of Queen St & Malvern St  
Contact: Shona 021 335 225

### SOCIAL RUNS

Each Monday & Wednesday evening at 5:45 pm  
Winter: Outside Henry's Liquor, Hanover St  
Summer: Cnr Cannington Rd & Pilkington St

Each Sunday morning at 9:00 am  
By St Clair Saltwater Pool

**PLEASE WEAR YOUR CLUB UNIFORM**



## CAVERSHAM HARRIER AND ATHLETIC CLUB

All runs and walks are listed  
in the sports column (Harriers)  
of the Otago Daily Times on  
Thursday mornings

Please check the paper each week  
In case of changes to the syllabus.

Also keep up to date with all the Club news on  
[www.cavershamharriers.co.nz](http://www.cavershamharriers.co.nz)  
and on our Facebook page.

## ANNUAL SUBSCRIPTIONS

WALKERS AND RUNNERS

### Competitive athletes:

<b>20 years and over</b>	<b>\$131</b>
<b>13 to 19 years</b>	<b>free + free singlet</b>
<b>7 to 12 years</b>	<b>\$72</b>
<b>6 years and under</b>	<b>\$47</b>

### Club only (Social) Athletes:

<b>15 years and over</b>	<b>\$74</b>
<b>7 to 14 years</b>	<b>\$51</b>
<b>6 years and under</b>	<b>\$21</b>

**Volunteer / Parent** **FREE**

Club information is updated regularly  
via email, our website, Facebook  
and Thursdays ODT

The Club events  
Ted Brown, VP 5k, X Country and  
Brighton-Green Island  
are to be entered personally online at  
[www.cavershamharriers.co.nz](http://www.cavershamharriers.co.nz)

**Patron: Jim Law**

**Life Members**

M Sleeman, P Blackwood,  
P Coakes, C Dick, M Giles, L Hill,  
J Law, I McDonald, J Stinson,  
D Stinson, B Watkins, K Columb,  
A Watkins, C Giles, J Harrison,  
M Vincent, K Fahey

Other events are to be entered personally  
Online at the relevant websites.  
Notice will be given in plenty of time.

**Your Contacts**

**President**

Ian McDonald 021 145 2387

**Club Captains**

Alison Newall 0274332035  
Alistair McAlevey 0274749030  
Keiran Columb (Walkers) 489 4027

**Head Coach**

Dave Stinson 027 366 1244  
or 9266821

**Uniform Steward**

Nick Heng

[nicholas.heng@otago.ac.nz](mailto:nicholas.heng@otago.ac.nz)

# CAVERSHAM HARRIER AND ATHLETIC CLUB

MIDDLETON ROAD  
DUNEDIN

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