



CAVERSHAM
HARRIER & ATHLETIC CLUB

We run
marathons!

Cavy Chat March – April - 2019



Claire and Malcolm Giles - Part One - Athletics

One cannot mention "Caversham" without thinking "Claire and Malcolm Giles". Competitors, coaches and a whole lot of administration roles between them. In a "two part interview", "Cavy Chat" sort answers to questions that covers their club involvement, and what they enjoy away from athletics.

Cavy Chat : Malcolm, you joined the club in 1987, can you recall that day?. And Claire, was it the same time for you? earlier, or later?.

Malcolm : " My first recollection was helping at a club night with the children, being encouraged to hold a tape at the discus by Carol Reid. My first time at the Caledonian Ground (the old ground) was helping Jim Cartwright. That same year I became Caversham's delegate to the Otago Children's committee. The following year I became Chairman of Caversham Children's athletics. I said to my 3 sons (aged 13 at the time) how about you 3 doing harriers to get fitter for rugby and track and field. Their comment was "we will if you will". The jaw dropped but 24 years later I am still running, and they aren't. "

Claire : " I was a member of Caversham Children's in late 60s when it was based at the Abbotsford School. This later became Greater Green Island. I ran for this club for a number of years returning to Caversham as a 17 yr old. I re-joined Caversham, after many years in the netball scene, as a harrier in 2006-07. "



Claire 2012 Brighton - Green Island - Malcolm 2017 Clyde Alex - Claire NZMA Champs Nelson

Cavy Chat : There has always been a very strong family association within the club. What other family members have been involved in the club over the years?

Claire : " My 7 siblings all ran for Caversham, John being the first. My 3 sisters were all part of the 1st women harrier group. Dad became a harrier after he retired in 1980. Our 4 children have all been part of the Caversham club with the grandchildren now as the 4th generation. Various nieces and nephews have also all worn the white and black during this time. "

Malcolm : " See above "

Cavy Chat : What were the preferences in terms of events, Track and Field, Road Races, Relays, Cross Country, or was it a matter of taking on the lot ?.

Malcolm : " Track and field as an official is my first preference with off road runs following a close 2nd. Road relays is also up there. In the far distance, last and least favoured, is road racing and cross country racing. "



World Masters Games 2011 USA

Claire : " Once an athlete always an athlete, Track and field remains the biggest buzz although there is nowhere to hide when competing. I love road running ,road relays and the camaraderie of harriers. Off road and grass/cross country is not on my favoured list as it hurts the knees, as well as getting your shoes dirty! "

Cavy Chat : Bound to be your names on a heap of trophies. Any that stand out ?.

Malcolm : " I have won the McStay and the Ted Brown twice but the stand out for me was the 3rd place in the Peninsula Relay in the days of the big relay finishing at Wickliffe St. There was

a lot of competition back then. That was THE highlight for my running career. It maybe small for some but it was a huge thrill for me. "

Claire : *" Any trophy won is special but I think the Brighton Green Island Butterfield Trophy would rate at the top as it was one that Dad always wanted. I have not won the VP 5km, one to aim for, and never been on the fastest times trophies (I wonder why). "*



Malcolm Hoppers Inlet 2014 - Claire Brighton Green Island 2016 - Malcolm Lap Counter Glen at Inlet 2015

Cavy Chat : You both have been very heavily involved in club administration over the years, what have those roles been ?.

Claire : *" I was involved with Caversham Children's for many years but I leave club admin to Malcolm "*

Malcolm : *" I have held many titles in my time with Caversham. I was the Caversham delegate to the Otago Children's committee from 1988-97, Caversham senior delegate to Athletics Otago 2001-16. I have been a committee member since 2000 and President between 2001-2003. I was the Children's delegate to the Caversham committee between 1988-97. I started as a throws coach in 1987 and still there today. I served a time as Club Captain and became a life member in 2009. "*

Cavy Chat : There is also involvement in Otago and at National level. What are those roles ?.

Malcolm : *" My involvement with Otago Children's began in 1987 as an official, and then as a committee member in 1988. I was Chairman of Otago Children's between 1994-96. During this time I was the children's delegate to Athletics Otago for 6 years between 1990 and 96 and then the Otago delegate to NZ Childrens for 6 years between 1991-97. My involvement with this committee ended in 1997. Life membership to this committee came in 2005. My career with Athletics Otago as a throws official in the senior ranks began in 1992 and I am still there today. I am part of the track and field committee and have served as chairman for a time. I became a Life member of Athletics Otago in 2012, Claire and I have been involved in the LOCs of Oceania Champs, Senior and Masters Champs and Colgate Games. "*

Claire : *" I have been President of Otago Masters and at present hold the position of Secretary. I am also President of South Island Masters and have been recently elected onto the Board of New Zealand Masters Athletics. "*



**Malcolm and Claire 2014 Club Cross Country - Malcolm and Patrick 2018 Peninsula Relay -
Claire and Paula 2018 Oceanias Masters Games**

Cavy Chat :There are numerous qualifications gained that allows you both to be involved in, coaching and acting as officials at all levels of Athletics. Are you able to name a few, or more ?.

Claire : " I hold a C qualifications in both Throws and Track. I dabble in coaching but don't hold any qualifications to speak of. Netball was where I gained my highest qualifications becoming a NZ qualified umpire in 1997 and was selected to umpire at a number of age group tournaments with umpiring at NZ secondary schools being my highest honour. I became an NZ umpire examiner when I retired from actively umpiring. In 2005 I was awarded Netball NZ Volunteer of the year when I carried out my roll as an umpire examiner with 2 broken wrists. Netball took a huge commitment over the years, so I now use running as my time. "

Malcolm : " My highest qualification in athletics is NTO t2 (National technical Officer, A grade in throws and B grade overall disciplines). I am locally a recognised throws referee attending 100+ nationally and Internationally recognised Track and Field meets, including a Masters World Champs in Sacramento and an IPC Champs in Christchurch. This was the last big meet before it was destroyed in the big earthquake in 2011. "

to be continued

2018 2019 Children's Athletic Season

Evelyn Armstrong reports on a very,very successful Children's Athletics Season

The 2018-19 Children's Athletics Season was a great season. The weather was amazing, especially after Christmas. We managed so many club champs nights we couldn't fit all the older kids results on one side of their certificates. All the kids seemed to enjoy the season. We didn't have a very big team at the Caledonian on Saturday mornings but they all performed well. One highlight for me was at Otago Champs when we managed to get all 4 Evans-Tobata girls to run in the 14 girls relay in age order Sydney, Jordan, Darcie and Elyanah. Their average age was almost 14. Elyanah was a wee star on the final leg and wasn't far behind the big girls. Jordan was awarded the Andrew Finn trophy, the award is made for all-round athletic achievement.



Mini-multi medal winners, back row Darcie Evans-Tobata, Jordan Evans-Tobata, Harry Townsend, front row Julia Hodgson, Elyanah Evans-Tobata.

The South Island Colgate Games were held in Dunedin in January. Jordan Evans-Tobata won the 400m and 800m for 14 year old girls, Becky de la Harpe was 3rd in the 800 m and 2nd in the 1500m for 14 girls. Harry Townsend won the 10 boys High Jump, was 2nd in Shot Putt and 3rd in Long Jump. Jordan got a Nick Willis Scholarship at the Colgate Games (I think it's money).

Elyanah Evans-Tobata and Harry Townsend were selected for the Otago 7 - 11 team that went to Christchurch in March. Darcie Evans-Tobata was selected for the 12 and 13 Interprovincial Team.



" want to see more photos of the Children's Prizegiving, Donna ... staring ... me ! "



Ted Brown " I was injured "

Great start to inter club racing with the Ted Brown, McStay and Colts races on Saturday 13th April. Much can be said, a lot will be thinking ... how did he do it ... Cavy Chat asked the same question and put it to Stu ... "where to from here ".

Cavy Chat : How did you do that Stu ? I thought you were injured ?.

Stu : " I am injured, I tell everyone I'm injured then go out and win the Ted Brown. "



Cavy Chat : You know what's going to happen with the VP5k and Brighton - Green Island.

Stu : *" I'm out the back end ! "*

Cavy Chat : Yes out the back, way out the back end, anyhow congratulations.

Stu : *" I can hang on to that, I think ! "*



Cavy Chat : You will need to train harder, now that you haven't got an injury.

Stu : *" Ha ha ha , What's going to be my excuses now ? "*

Cavy Chat : None ... you have run out of them.

Other great performances from those (without an injury)



Zaydan



Alex



Kim



Ted Brown ?

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Claire and Malcolm Giles - Part 2 " I love my garden "

Cavy Chat : Athletics aside, what other hobbies / interests do you both have ?.

Claire : " *I love my garden but it has not had the detailed care recently and I have been known to frequent the gym a lot! The children and grandchildren always need your expertise and knowledge. But Malcolm and I love a good quiz and are both sources of useful/useless information "*

Malcolm : " *I love the challenge of Fly Fishing and the peacefulness of the river bank. "*

Cavy Chat : And there is the need to earn a living, what occupations do you both hold ?.

Malcolm : " *I am building foreman with Stevenson and Williams for as long as I have been with Caversham. "*

Claire : " *I am the Clinic Manager in the Orthodontic Clinic at the Dental School as well as part of the Clinical Management Team now into my 23rd year. "*

Cavy Chat : Is there a difference in tastes of music ? If so who gets to choose when the time comes to relax?.

Claire : " *This depends on the time, the day and the season (Christmas). We do have some tastes that are similar these are the ones that are played in the truck on long trips. "*

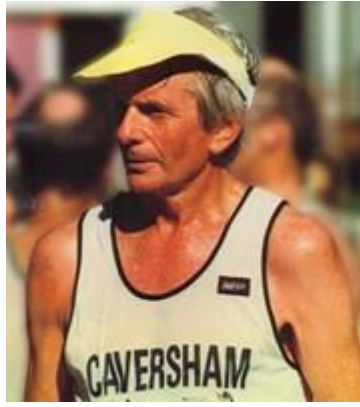
Malcolm : " *Music changes with the age and the mood. I have gone from Joe Cocker to Leonard Cohen with a lot in between. "*

Cavy Chat : If you were " home alone ", which 3 famous people would you invite to dinner ?.

Claire : " *Ousain Bolt Carl Lewis and Ben Johnson. I think we would make a fairly good Masters Relay Team. "*



Malcolm : " *Neville Madigan, Pat Sidon, John McDonald all to have a good yarn and a beer with. These were my kind of people that I relate to. "*



Cavy Chat : Lotto, if those numbers come up, what's on the " bucket list "?.

Malcolm : " More Masters track and field trips. (Canada in 2020) "

Claire : " Retirement, to leisurely wake up and smell the roses. "

" maybe a few more runs around Rarotonga ? "



We Remember - Craig Currie



(L - R) Craig 2011 Brighton to Green Island Walk, finished 3rd in 1h19m14s. 2008 Moro Half Marathon Walk with Dave McWhinnie, Craig time, 3h08m43s.

" Craig Currie was a very popular and valued member of the Caversham Harrier Club and walked with the walkers group from around 2008 until approximately 2014 and in more recent years was always a willing helper to Brian Watkins and his team in helping out with all the Club events Vice Presidents 5k and Brighton Green Island etc and of course the Marathon ". Walking Captain : Keiran Columb



(L - R) Marshalling with Lara Findlater 2016 Club Cross Country. 2018 Brighton to Green Island.

Dave McWhinnie recalls *" Craig competed as a Caversham walker in two Moro half marathons, breaking 3 hours in his first attempt, won a gold for a Masters half marathon for his age group, also participated in the Outram Hill Free and Clyde to Alex10k walks acquitting himself well, very good at supporting Caversham walkers in the Karetai Challenge and Peninsula Challenge by handing out sugar jubes, bananas and water at appropriate times. "*

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