



**CAVERSHAM**  
HARRIER & ATHLETIC CLUB

*We run  
marathons!*

## Cavy Chat – July – August - 2020



## National Virtual Athletics NZ Series

*" On behalf of Athletics New Zealand, a big thank you for your participation in our Virtual Race Series. The initiative was a huge success, with over 1500 people taking part, from elites, to club runners, university students and everyday kiwi's who love the sport of running. " Athletics New Zealand*

So how did Caversham do ? It was a very impressive performance put in by members, runners, walkers, the young and old, the fast and the slow. Each member ran or walked a maximum of 3 times in each event.

National Virtual 5k In the top clubs, Caversham were second on 140 points, Lake City of Rotorua took out the top spot on 155 points, a total of 72 clubs took part. Points awarded for every run/walk, a maximum of three per competitor. Podium honours went to **Lesley McCormack 65+**, 2<sup>nd</sup> 30:22 Run and **Wendy Crawford 65+**, 3<sup>rd</sup> 42:58 Walk.

National Virtual Ekiden Marathon Relay. There were 4 Teams of 4 from Caversham, 3 ran 10k and 1 ran 12.2 to make up the 42.2k. Podium honours went to the Caversham Covids D 3<sup>rd</sup>, 4h19m team of **Lesley McCormack, Stu McCormack, Phil Coakes and Claire Giles**.



**Lesley**



**Wendy**



**Donna**



**Claire**

National Virtual 10k. Caversham finished 3<sup>rd</sup> on 9 points out of the 30 teams that contested this event. Podium honours, **Donna Tumaru** 50-64, 3<sup>rd</sup> 52:19. **Phil Coakes** 65+, 3<sup>rd</sup>, 1:06:59.

National Virtual 10K Champs Teams Winners. Caversham 2<sup>nd</sup>, the team of, **Nicholas Heng** Masters Men 50-64 0:56:28, **Donna Tumaru** Masters Women 50-64 0:52:19, **Paula Cotter** Masters Women 35-49 1:06, **Phil Coakes** Masters Men 65+ 1:06:59.



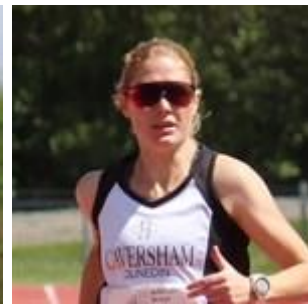
**Stu**



**Paula**



**Nick**



**Jen**

National Virtual 1K Champs Team Points Caversham Harriers & Athletic Club 1<sup>st</sup>, 22 points out of a total of 28 teams. Podium honours, **Jennifer Hodgson** Masters Women 35-49, 3<sup>rd</sup>, 03:46. **Donna Tumaru** Masters Women 50-64, 2<sup>nd</sup> 50-64, 04:42., and a sterling effort from **Wendy Crawford**, 65+, to dominate the podium 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup>, 1k walks of, 7:34, 7:45, and 8:01.

The club "virtually" blew the rest of the country away.

## **Monsignor John Harrison Life Member 2020**

**John Harrison** joined Caversham in 1963 while in High School and became the Club Secretary in 1965. His times were very impressive and show what an accomplished runner he was.

- In 1964 he won the one-mile Maiden in a time of 4.46
- In 1965 he won the Vice Presidents 3 Mile race in a time of 15.45,
- In 1965 he won the B Grade 10 Mile in 56.13.

There was a newspaper article where this race result was featured where he was said to show "good judgment" and another mentioned it as a "personal triumph" Another article from the same time (exact date unknown) mentions **J Harrison (Caversham)** is beginning to show considerable development. He raced well for the first three laps of the Handicap Mile at Taieri Highland Games and looked like being well in the hunt. However, he faded over the middle stages of the final lap, but he showed tenacity long enough to hold onto third place. During a similar time, he was a member of the Caversham Peninsula Relay team that took fastest time for the 14<sup>th</sup> time in 16 contests. An excerpt from the Newspaper states: On the Run to Broad Bay J Harrison put Caversham in front by 41 seconds.



His time at the club took a break in 1966 when he entered the Seminary at Holy Cross College to train to become a priest. During his study he did not have much opportunity for running, but a return to the club in 1978 showed that now Father John had not lost much of his speed during this time away from the sport. The following few years showed consistently fast times in both individual events and was a regular member of Caversham Relays

**1978 Results Summary**  
 Peninsula Relay Caversham 1, 4<sup>th</sup> place  
 49<sup>th</sup> Otago Cross Country Champs 54.26  
 8<sup>th</sup> Brighton to Green Island 35.39  
 71<sup>st</sup> Port Road Race 49.33

**1979 Results Summary**  
 9<sup>th</sup> Edmond Cup 27.08 Time Trials  
 12<sup>th</sup> Brighton GI 33.50  
 20<sup>th</sup> Clyde Alex 33.17  
 45<sup>th</sup> Port Road Race 45.13

In 1979 he ran Leg 5 of the Caversham Lovelock B Team in a time of 4.49. In 1979 he featured in an Otago Daily Times article written by Alistair McMurrin where he talks of his enjoyment of the comradeship of Caversham Harriers where he has been given so much encouragement. Between Parish and Chaplaincy duties he still found time to run 40km a week. His Parish duties and how he managed to do both this and compete in running events feature quite highly in his stories, the same year he was awarded the Caversham Attendance award.



L - R John ( 41 ) Port Road Race 1965 - Otago B Grade Road Champs 1965

Many of his events he has had to squeeze in between pastoral commitments. There was the year that he competed in the Edmond Cup Race. But he knew that he had to complete it in a very fast time in order to get to the ordination of Father Toomey on time which was the same afternoon. He completed the race, got home, got rid of the mud, made it to the ordination, but all the racing around meant that he was tired and fell asleep during the service.

In 1980 he "competed" in the Brighton to Green Island where he ran it in a time of 32.20. Those were the days where it started at the Fire Station and finished at the Civic Hall in Green Island. However, this instance he ran it by himself in the morning and submitted his time to the club as he was busy with a Wedding in the afternoon. It was important to complete the event though as it was considered a time trial for the Akaroa Relay teams. Fr John reports that it was a very strong head wind this day.

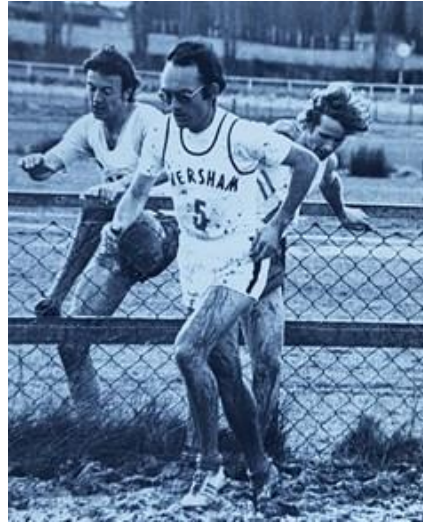
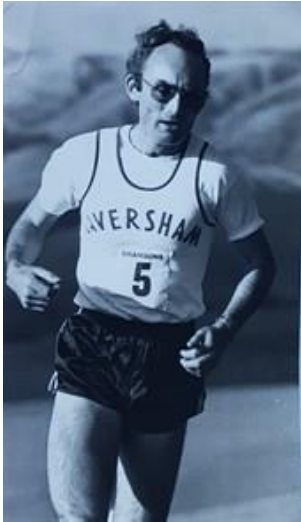
**1980 Results Summary**  
 1980 Max's Shoes Full Marathon 6<sup>th</sup> Place in  
 2hr 44  
 Port Road Race in 44.18 which was 20<sup>th</sup>  
 fastest time

**1981 Results Summary**  
 12<sup>th</sup> Clyde to Alex, 32.58  
 Caversham No.1 Relay team to Akaroa placed 20<sup>th</sup> in A grade  
 11<sup>th</sup> Otago Road Race Champs, (10 Miles A Grade) 55.01  
 45<sup>th</sup> Edmund Cup, 37.13 behind Geary, Melville, Coakes and Sidon

In 1981 at the Invercargill Marathon he won in a time of 2hr 37 which placed him 9<sup>th</sup> and helped Caversham together with Colin Geary and Lindsay Dey which helped Caversham take 3<sup>rd</sup> place in the teams event. He ran the event at the same time as his father (parent) John, who at aged 62 ran it in 4hr 01. Father John (Jnr) had to run it faster as he had to (once again) get back to Dunedin to officiate at a Wedding in Dunedin later that day

That same year he featured in NZ Runner Magazine as the "Random Runner" running for Caversham in the National Road Relays in Nelson. The article talks of him returning to Caversham and running last year as a "social runner" but quickly found his promising school boy fitness left him with some basic fitness he could improve on. This

year he made the A Team and stepped up his training to be more competitive. He won a NZ Runner T Shirt and Singlet for this random moment.



L -R Branson Cross Country Relays Waitahuna 1982 - Otago Cross Country Wingatui 1965

From 1981 to 1983 he served as the Club Captain. He has retained all the Caversham Newsletters from his time as club captain. They make very interesting reading. In 1982 Leith Relays at Waitahuna at the Ashton property. This event was new to the running calendar this year. Member of the Number 1 team who were placed 4<sup>th</sup> narrowly missing 3<sup>rd</sup> place. The average age of this team was reported to be 30-33 years. John ran his leg in 10.04 and was joined in the team with names such as Melville, Bloxham, Law, Sidon and Gaudin

1982 Results Summary      1983 Results Summary  
Vice President 5000m 18.48  
6<sup>th</sup> Edmond Cup, 37.53  
Brighton to Green Island, 33.02

In an unknown year but likely to be around a similar time - Fr John was in the Caversham Number 2 team - Otago Peninsula Relay he ran leg two where the team were placed 9<sup>th</sup> and had the 9<sup>th</sup> fastest time. Other names that featured in this team included Cain, Sidon and Coakes. These were 8 person teams and there were at least 35 teams entered that year. Fr John was a regular member of many relay teams during this time. Results in the club newsletters during this time showed his name in many teams of many varying relay events. He was always available for these teams and made sure he entered the time trials for them as well. During the remainder of the 1980s and 1990s Fr John mixed running in where he could in between increasing Pastoral commitments and overseas study.



John ( 495 ) Dunedin Half Marathon 2001 1h35m39s - Results Steward

In recent years, now **Monsignor John**, continues his membership with the club as a walker and has also been the results steward for the Club ensuring that after our Club events our times and places are entered into the spreadsheet and the places and fast times are calculated correctly and quickly for the eager competitors. With his laptop and printer, he ensures that we get our results very soon after the race and can take home a copy to study intently.

## " Out of Lockdown " Lovelocks

---



It was a long wait, but glorious weather greeted all clubs and officials A proud day for the club and the first time Caversham have won the Senior Womens Trophy, (L-R) **Julie Edmunds, Kristy Eyles** and **Leihana Reeves**, Caversham fielded 15 teams in total, here they all are, some managed to " photo bomb " but at the end for the day, almost, everyone was showing their delight,... and why not



Alistair - Andrew - Ross - Neville - Jono - Alex - Richard - Michael - Alex - Matthew



Claire - Paula - Celia - Rebecca - Donna - Evelyn - Sue - Gail



Emily Rose - Zaydan - Lachie - Daniel - Sammy - Leo - Quinn - Patrick - Hadlee - Ollie - Neil



Neville - Ken - Ken - Nick - Peter - Gordon - David - Geoff



Gracie - Leihana - Jordan - Kristy - Donna - Claire - Michelle

## Claire Giles Life Member 2020

Claire Giles became Life Member at the 115th AGM, was nominated by daughter Paula Cotter. Claire joined Caversham Harriers in 1967, 53 years ago, as an 11-year-old when it was located at Abbotsford School. This club activity became part of the Greater Green Island club where she continued competed for several more years. Claire returned to Caversham Harriers as a 17 year old where she competed for another few years before Netball, Dental Nursing and Kids took over.





**100m Otago Track and Field Champs 1971 ? - 4x100 Relay 1971 - Metropolitan Cup 1969**

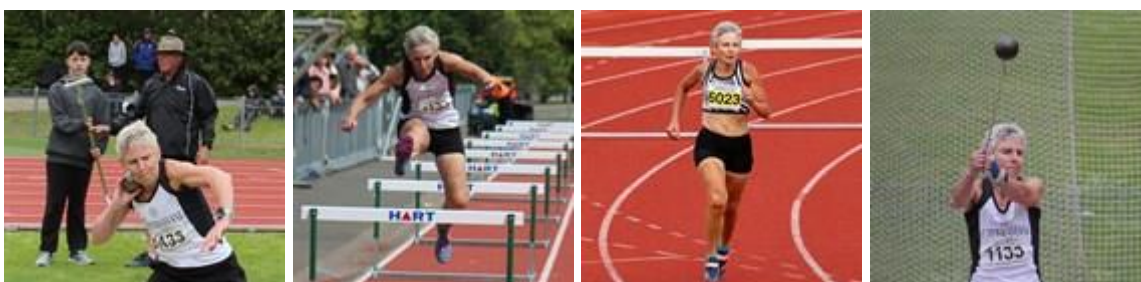
Claire came back to Caversham Children's Athletics in 1987 in an administrative role when Green Island Athletics closed the same year. The last athletes of the Green Island (one of them me) were directed to Caversham Children's Athletics. In 1989, a change in committee saw Claire take over the role of Treasurer for the Caversham Children's section where she remained for the next 8 years. As well as treasurer Claire took on the role of promoting Caversham Children's Athletics throughout the community by encouraging new members and making sure they turned up each Saturday and for the big events. Claire and the committee took Caversham Children's to its strongest point in 1993 where the Club won the Duncan Shield, Memorial Cup, Paape Cup and Glue Shield in the one season and had a very successful medal haul at the Colgate Games. Claire was an active team manager for Caversham Children's athletics at the Colgate Games teams from 1989 to 1993 and was also the Caversham representative on the Organising Committee for the 1995 Dunedin Colgate Games. Claire took a break from Athletics when her children left Children's athletics in 1996 to pursue her Netball Umpiring Career. She returned to Caversham as a Harrier and Track and Field athlete ten years later.

Claire is always a regular attendee to Harriers events in the Winter, and Track events in the Summer, representing Caversham proudly. In her time as a Harrier Claire has been the winner of the McStay Cup, Ted Brown Memorial Cup, Women's Aggregate and the Butterfield Trophy. Only the VP5KM eludes her. She has also won the Summer Trophy series on many occasions. She is the holder of many Otago Summer track records and titles, all achieved while representing Caversham



**L-R Ted Brown 2018 - Peninsula Relay 2018 - Brighton Green Island 2016 - Otago Road Champs 2016**

Claire is a current Board Member of NZ Masters, Past President of Otago Masters, current President of South Island Masters and current Secretary of Otago Masters, and is the holder of many National and Oceania records and Titles. Claire is also a regular volunteer when the call comes for officials to help. She is C qualified Official in both Throws and Track but can be also seen at the finish line or marshalling at various events whenever she is not competing.



## Track and Field Championship - Oceania Games - Ness Cup

In recent years, Claire has started the Cavy Gym sessions for Caversham athletes to attend on a Tuesday night to improve their strength and speed work. Here she acts as a trainer and a coach to the group. Claire can also be seen on Saturday afternoon encouraging other Caversham athletes to give it a go. Claire's current administrative contribution to the club is by way of the Rules committee ensuring that we all get a fair go throughout the season. Whether it is on a Saturday afternoon at the Caledonian, pack running in the Winter, running over the Auckland Harbour Bridge in the Auckland Marathon, or running around the Island at Rarotonga, Claire has always worn the Caversham singlet with pride and I am honoured ( Paula ) to nominate her as a life member.

## Brighton Green Island

---



The annual Brighton to Green Island Road Races can always guarantee a big turnout because all are looking forward to the food laid on by the clubs Life Members ... one of those being **Martin Hair**. Martin joined the Caversham Club in 1948 the same year as Pat Sidon In 1949 he won the Colts 1 Mile and 440 Yards Races, in 1951 he won the 3 Mile Vice Presidents Race. Martin was Club President in 1968-69 when all the foundation organizing work to establish a Club Rooms was going on they were officially opened on September 5th 1970, there was plenty of opposition towards building Club Rooms and Martin had to exercise considerable determination to see the idea turn into reality.



Trophy winners Ezekiel Stewart Butterfield Trophy - Gracie Young McGlinchy Cup and Ufton Challenge Cup - Katie Wong Walkers Cup and 50th Anniversary Cup - Kieran Columb Craig Currie Memorial Cup.



Nathan Shanks Cuthbertson Cup - Not wanting to miss out - Trophy Steward Brian Watkins Cup - ( of tea ! )

## Childrens Prizing Giving



( Insert ) Elyanah and Darcia Evans Totbata - ( Back Row ) Jude Jenkins - Thom Jenkins - Henry Hodgson - ( Front Row ) Penelope Hodgson - Reuben Legrand - Julia Hodgson - Winning Paape Cup Team.

### History of the Paape Cup

The **Paape Cup** recognises the contributions made to Otago Athletics by **Arthur Albert Paape** President of the Caledonian Society of Otago in 1938-39 His energy and enthusiasm seemed limitless and there were few sporting bodies in Otago that failed to benefit from his support. He was a member of the Boxing Association, Rowing Association and Swimming Centre as well as being keenly interested in Harriers and Surf Lifesaving. He was also on the Executive of the New Zealand Brass Bands Association. The Paape name is commemorated in the Paape Cup Trophy awarded to the winning Club at an Annual Children's Athletics Meeting organised by Athletics Otago in conjunction with the Caledonian Society of Otago.



## Your 2020 - 2021 Club Committee

Here is our 2020-2021 Club Committee



**Back Row : Ben Pigou - Alistair McAlevey - Malcolm Giles**

**Middle Row : Neville Shanks - Alison Newall - Stu McCormack - Paula Cotter - Keiran Columb**

**Front Row : (insert) Amie Manning - Donna Tumaru - Ken Fahey - Angela Hawthorne - Mary Vincent**

Position of Recruitment Officer was filled by **Ben Pigou**. Ben got to work recently one night at Forsyth Barr Stadium, not able to out sprint Ben, a new member was captured, Ben's next move was to take him to **Mary Vincent's** house to be fitted out with a club uniform

as ... Nathan Shanks would say ... HA HA



Click [here](#) to unsubscribe.